



a joint project with





Sure Start **Children's Centres**









Ladies Celebrate International Women's Day

at St. John's Centre, M16 Fri 8th March 10am-3pm

special guest Paula Dunn - Head Coach of GB Paralympic Team



pack up your troubles for the opportunities bags meet other women creative, Trafford and enjoy some 'me' time

"Travelling Bags" - join the journey with artist Charlotte

Newson, make your own stylish bag (with time to come back and finish off Sat. morn if needed)

Sit and Knit a Bit - help make "cold lady" blankets with June

Sock Monsters - upcycle with Carol, make a sock monsters for your little monster (bring old odd socks - brighter the better)

Sister Act - just for fun with Chris & Anita, St. John's Harmony Singers (are they really sisters?)

Henna & nail areas + more to do on the day, relaxed and friendly atmosphere with breaks and an hour for lunch.



free workshops - book to guarantee your space and creche place ring Elaine on 872 7795.

(Late arrivals on the day may lose their creche place to others)

limited creche available - we only have 7 spaces for children age 6mnths lunch provided - we will ask for a donation







